

MI-SPARC Resources

Patient Resources and Tools



NIAAA Navigator

National Institute on Alcohol Abuse and Alcoholism Treatment Navigator helps find evidence-based treatment and providers.

<https://alcoholtreatment.niaaa.nih.gov/how-to-find-alcohol-treatment>

NIAAA Re-thinking Drinking

National Institute on Alcohol Abuse and Alcoholism patient resources, education, and tools to assist in making Self-Guided Change.

<https://www.rethinkingdrinking.niaaa.nih.gov>

NIAAA Drink Calculator

National Institute on Alcohol Abuse and Alcoholism tools for patients, drink calculator, and interactive worksheets.

<https://www.rethinkingdrinking.niaaa.nih.gov/Tools/Calculators/Default.aspx>

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